

## CITIZENS MEMORIAL HEALTH CARE FOUNDATION

# **IMPACT REPORT**

June 1, 2022 - May 31, 2023



### Thank You!

2022 was a year of growth and transformation for the Citizens Memorial Health Care Foundation, thanks to you. In the graphic at right, you will see specifically what your gifts supported.

During the current fiscal year, we are supporting our new hospital expansion while continuing to raise funds for other needs at Citizens Memorial. We always have more need for equipment and services than we can fund in our organization's budget. State-of-the-art equipment enhances the exceptional care patients receive at CMH.

We know our friends will continue to help us respond to these needs.

Working alongside our exceptional physicians, nurses, support staff and volunteers who make a difference in the lives of every patient and resident throughout our organization is a blessing. They bring much hope and compassion to families every day.

#### Thank you for supporting the Citizens Memorial Health Care Foundation.







Director of Community Relations & Development



### How YOU Made a Difference in 2022-23

8,000	Uncompensated patient and family visits by social workers and dietitians at the CJBCC
3,532	Complimentary lunches for cancer patients
475	Free cases of nutritional supplements at the CJBCC
252	Lodging nights at the Tremain Hospitality House
200	Free memberships at the CMH Senior Health Center
100	Hygiene kits for cancer patients
32	Medical Excellence Scholarship recipients
21	Family members receiving Hospice bereavement support

# ANNUAL EVENTS



#### Heroes for Hospice 5K/10K

The Heroes for Hospice 5K/10K Run, presented by Craig Lehman Shelter Insurance, is the first Saturday in May. Both courses begin by the CMH Community Rooms and conclude with a loop around Dunnegan Memorial Park. The race is electronically timed for accuracy, and medals are awarded. The family and pet-friendly event supports CMH Hospice.



#### Medical Excellence Golf Tournament

The Citizens Memorial Health Care Foundation Medical Excellence Golf Classic is the first Thursday in June. The classic is an 18-hole, four-person scramble at Silo Ridge Golf and Country Club, Bolivar.

All proceeds go to the Medical Excellence Scholarship.



Hospice Lights of Remembrance

Citizens Memorial Hospice holds the Lights of Remembrance "Cheer-ity" Open House and Fundraiser in November. Individuals can make donations in honor of family and friends or in memory of loved ones. The lights decorating the tree are dedicated to those who are being honored or memorialized.



### MEDICAL EXCELLENCE SCHOLARSHIP FUND

The Medical Excellence Scholarship Fund provides financial assistance to individuals from the CMH service area pursuing careers in health care. We encourage and support local students working toward health care training who return to our rural area to practice their profession.

#### 2022-2023 Medical Excellence Scholarship Recipients

Amanda Anderson Julianne Ankrom Madison Austin Anna Bandy **Colby Blevins Ashley Bridges Emily Christian** Abigail Clark Valory Dampier

Katie Garretson Amy Gimpel Emme Hall Jessica Hardman **Taylor Hendrix** Kacey Hottes Annabelle Ingram Samantha John

Kolby Follis

#### CMH Senior Health Center

The CMH Senior Health Center offers free exercise memberships to area residents 55 and older. The facility provides a therapy pool and numerous exercise classes, including chair, floor, tai chi and strength. Exercise equipment includes stationary bikes, Nu-Steps, treadmills, free weights, and seated elliptical and rowing machines.



#### **Hospice**

CMH Hospice caregivers help patients remain comfortable with family and friends at home or in a homelike setting. A bereavement program also supports families after a loved one's death. Donations help ensure physical, emotional, spiritual and bereavement care for all terminally ill patients and their families in our area.

Samantha Johnson Abigayle Knight Ashton Miller-Skopec **Kendall Murders** Sarah Nelson Chelsea Peterman Allison Rosmean Eric Schmidt

Linzi Smith Madison Sutt Logan Thomas **Ebony Thompson** Stormy Vanholt Seth Webb

#### MEDICAL EXCELLENCE **SCHOLARSHIP** Jund History

Founded in 1990.

750 students have received scholarships.

\$2.6 million in scholarships awarded.

15-20 new recipients are chosen each year.

#### **HOW CAN I HELP?**

You can donate to the scholarship fund at any time!

**Community Relations & Development** development@citizensmemorial.com 417-328-6318

#### Carrie J. Babb Cancer Center at CMH

The Carrie J. Babb Cancer Center is a collaboration between Citizens Memorial Hospital and Central Care Cancer Center, based in Salina, Kansas.





Leo Shunyakov, M.D., board certified in medical oncology and hematology Penelope Harris, M.D., board certified in medical oncology and hematology Edwin Watts, M.D., board certified in radiation oncology Bethany Martin, NP-C, nurse practitioner Bailey Rundel, NP-C, nurse practitioner

CMH provides free services not covered by insurance and helps ensure other patient needs are met during treatment. Needs often include social services, dietitian consults, dental care, transportation, groceries and nutritional supplements.



#### Tremain Hospitality House

The Tremain Family Hospitality House is on the CMH campus, giving patients and families the warmth and comfort of a home while away from home. Patients making frequent visits for treatment and appointments can stay at the house for a nominal fee. The majority of our guests are cancer patients.

### **CITIZENS MEMORIAL HEALTH CARE FOUNDATION**

### Thank You, 2022-23 Donors!

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## WAYS TO GIVE

Your gift to the Foundation is a gift that keeps on giving. You can choose to give your gift in a variety of ways to help with immediate needs or leaving a legacy for future generations.

#### Donate for Immediate Needs

The most significant way to honor a loved one is by making a meaningful donation, in their honor or memory, to an area of need at Citizens Memorial, such as:

Cancer care Long-term care Hospice Alzheimer's disease Mental health Medical scholarships Senior Health Center Tremain Family Hospitality House Other CMH departments

#### Leave a Legacy

You can also leave a legacy that will ensure Citizens Memorial improves the health of everyone we serve for generations to come. A planned gift to Citizens Memorial Health Care Foundation can provide significant tax benefits, protect your investment and generate income. You don't have to be wealthy to give. You just need to be willing.

#### ≫ BEQUEST

With the help of an attorney, you can include language in your will or trust specifying a gift to the Foundation as part of your estate plan. You can make a bequest using a beneficiary designation form.

#### > IRA ROLLOVER

If you are 70½ or older, an IRA charitable rollover will help continue our work and benefit you this year. Contact your IRA plan administrator for more information and to make a gift from your IRA to the CMH Foundation.

#### BENEFICIARY DESIGNATION GIFTS

Designate the Foundation as a beneficiary of a retirement, investment or bank account, or your life insurance policy.

To make your gift, contact the person who helps with your account or insurance policy, such as your broker, banker or insurance agent.

#### >> CHARITABLE GIFT ANNUITY

The charitable gift annuity program is a strategic donation method. In return for your gift to the Foundation, you receive a fixed income stream for the rest of your life or that of a designated beneficiary. In addition to your income, you could be eligible for tax breaks.

Contact your wealth advisor for more information.

#### CHARITABLE REMAINDER TRUST

You choose to receive an income first from distributing the nonincome-producing assets you placed into the trust. You'll receive a charitable donation tax deduction based on the present value of the remainder of the assets earmarked for the charity. At the end of the term or upon your death, the charity receives the remaining assets.

Contact your wealth advisor for more information.



#### LOOKING TO THE Future!

Citizens Memorial Hospital is expanding. Construction begins in 2024 on the 117,000-square-foot, three-story hospital expansion and remodeling project. Once completed, the modern facility will enhance the patient and family experience for all generations.

Let's discuss how you can be part of this history-making project.



Campaign Adviser Call 417-839-9805 for details or email jerald.andrews@citizensmemorial.com

#### FOR MORE INFORMATION ABOUT GIVING TO CITIZENS MEMORIAL

Citizens Memorial Health Care Foundation Community Relations & Development

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