



The Birth Place

1500 N. Oakland Avenue, Bolivar • 417-328-6302

Hospital Packing List

FOR MOM

- Driver's license
- Insurance card
- 2 sets of dark colored pjs
- Robe
- Sock/Slippers/Flip Flops
- Hair ties/Headbands/Clips
- Cell phone and long cell phone charger
- 1-2 nursing tanks and/or nursing bras
- Dark color comfortable underwear or Depends
- Toiletries
- Makeup bag
- Hair brush/Hair dryer, etc.
- Chapstick
- Comfortable outfit to go home

FOR DAD

- Driver's license
- Cell phone and charger
- Toiletry items
- 2 sets of comfy clothes and/or pjs
- Snacks for Dad
- Socks
- Underwear
- Tylenol/Ibuprofen for Dad

FOR BABY

- Carseat (installed)
- Diaper bag
- Cozy blanket
- Nursing pillow
- 1-2 swaddlers
- 2-3 onesies
- 2-3 sleepers
- 2-3 pairs of socks
- Baby fingernail clippers
- 2-3 hats
- Mittens
- Going home outfit
- Pacifiers
- Burp cloths

EXTRAS

- Comfy blankets for Mom & Dad
- Pillows
- Movies
- Snacks
- Nursing cover
- Baby book